



***E. coli* Update (7-14-17):**

- Investigation of the *E. coli* outbreak continues with the combined efforts of the Southwest Utah Public Health Department, Mohave County Department of Health, Utah Department of Health, and the Arizona Department of Health Services. These agencies have also been joined by representatives from the Centers for Disease Control and Prevention (CDC).
- Confirmed case count remains at 11.
- The source of this outbreak has not been identified.
- Because *E. coli* can be passed from several different sources, including person to person, it is always important to follow these practices to prevent infection:
  - Wash hands with warm, soapy water before and after preparing or eating food, after using the bathroom and changing diapers, after contact with animals or environments with exposure to animal feces, and before touching anything that enters an infant's mouth.
  - Don't allow raw food to touch cooked food. Carefully clean all surfaces and objects that have touched raw meat.
  - Cook meats thoroughly. Ground beef should be cooked to an internal temperature of 160 degrees. Use a meat thermometer.
  - Avoid raw (unpasteurized) milk, dairy products, and juices.
  - Don't swallow water when swimming.
- Visit [www.swuhealth.org /ecoli](http://www.swuhealth.org/ecoli) for more information